# A Process Model for Handovers Aligning with the Consensus

Joseph R. Keebler, PhD Assistant Professor of Human Factors Embry-Riddle Aeronautical University Failures in communication are the most common root cause for near misses and adverse events in the medical domain



#### Handovers as an ubiquitous teaming activity

- Handoffs occur frequently and are a source of resilience and error
- Handoffs are a *team* activity
  - At least two individuals who are acting interdependently towards a shared goal
  - Specifically, the sharing/updating of a mental model in regard to a patient's status
- There is little to no work surrounding handoffs that focuses on the important aspects of teamwork
- Therefore, this talk addresses this gap and attempts to propose a theoretical model for teamwork during care transitions





# Become a High Performing Team

- Use closed loop communication
- Develop shared mental models
- Provide backup behavior
- Be assertive
- Seek feedback
- Demonstrate collective orientation
- Be flexible and adaptable
- Self correct

### IMOI Teamwork Model for Handovers



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## Tools

- The cognitive aids and technologies used to support cognitive work surrounding handoffs
  - Checklists/protocols
  - Mnemonic devices
  - EMRs

## Handoff Protocol Examples



I am (name), a nurse on ward (X) I am calling about (child X) I am calling because I am concerned that... (e.g. BP is low/high, pulse is XXX temperature is XX, Early Warning Score is XX)

#### Background:

Child (X) was admitted on (XX date) with (e.g. respiratory infection) They have had (X operation/procedure/investigation) Child (X)'s condition has changed in the last (XX mins) Their last set of obs were (XXX) The child's normal condition is... (e.g. alert/drowsy/confused, pain free)

#### Assessment:

I think the problem is (XXX) and I have... (e.g. given O<sub>2</sub>/analgesia, stopped the infusion) OR I am not sure what the problem is but child (X) is deteriorating OR I don't know what's wrong but I am really worried

#### Recommendation:

I need you to... Come to see the child in the next (XX mins) AND Is there anything I need to do in the meantime? (e.g. stop the fluid/repeat the obs)

#### Ask receiver to repeat key information to ensure understand

The SBAR tool originated from the US Navy and was adapted for use in healthcare by Dr M Leonard and colleagues from Kaiser Permanente, Colorado, USA If you require further copies quote 5C043

	I-PASS BETTER HANDOFFS. SAFER CARE.
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Ι	Illness Severity	Stable, "watcher," unstable
P	Patient Summary	<ul> <li>Summary statement</li> <li>Events leading up to admission</li> <li>Hospital course</li> <li>Ongoing assessment</li> <li>Plan</li> </ul>
A	Action List	<ul><li>To do list</li><li>Time line and ownership</li></ul>
S	Situation Awareness and Contingency Planning	<ul><li>Know what's going on</li><li>Plan for what might happen</li></ul>
S	Synthesis by Receiver	<ul> <li>Receiver summarizes what was heard</li> <li>Asks questions</li> <li>Restates key action/to do items</li> </ul>

#### Flex 11 Demographics History, chief complaints, diagnosis Patient Summary Current Issues Cultures, labs, tests, results Labs and Test Pulse, blood pressure, respiratory and mental Pulm/CV/Neuro FEN/GI Foley, chest tube, IV, Drain Access Surgery details, procedures, consults, As needed evaluation, treatments, clarifying information Plan

(Adapted from "GP News," by London Ambulance Service, 2015, Copyright 2015 by London Ambulance NHS Trust.; Adapted from "I-PASS, a mnemonic to standardize verbal handoffs," by Starmer et al, 2012,

Pediatrics. Copyright 2012 by Elsevier.)

#### 35 Mnemonic Devices

(Riesenberg, Leitzsch, & Little, 2009)

**SBAR IPASS** Flex 11 AIDET ANTICpate ASHICE **CUBAN** DeMIST GRRRR HANDOFFS I PASS the BATON Just Go Nuts MIST

PACE PEDIATRIC I-SBAR SBARR SBAR-T SHARED SHARQ SIGNOUT SOAP STICC 4 P's 5 P's v. 1 and v. 2

#### More work needs to be done!

- We need to understand other variables that surround the handoff and how they relate to effectiveness of the care transition
  - Team familiarity
  - Hierarchies and power distance
  - Organizational constraints

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# Organization

- Variables that are likely guided by organizational policy and change
  - Handoff audits
  - Handoff education and training
  - Adequate time provided for handoffs

#### Environment

- Variables that emerge from the busy hospital environment including side conversations, noisy machinery, and alarms
  - Interruptions and distractions should be minimized
  - Consideration should be given to the location

### Person

- Variables that are intrinsic to the individuals involved in the handover
  - Interruptions and distractions should be minimized
  - Importance of being present for handover

## Tasks

- Variables associated with the complexity, structure, and challenge of various activities conducted throughout one's work
  - Handoff documentation
  - Read back and verbal synthesis
  - Creation of a "to do" list

#### Team Process Variables

• The actions and behaviors teams use to achieve their shared goal(s)

### Coordination

- Organization of the elements of a team to achieve an effective outcome
  - Presence of all team members
  - Read back critical numerical values and acknowledge all critical items
  - Interactive communication
  - Handoff isn't over until receiver is ready

#### Communication

- Act of sharing information either verbally or non-verbally to update mental models and share system states
  - Handoffs should be clear, concise, and interactive.
  - Use of closed-loop-communication should be present
  - Allow one person to speak at a time
  - Leave time for questioning

# Decision Making

- Act of using cues to choose a course of action
  - Ensure a shared mental model is achieved
  - Utilization of team cognition for complex decisions
  - Understanding of patient complexity and severity

# Leadership

- Act of providing resources and coaching to ensure a team can reach its goals
  - Establish a tone for blame-free communication
  - Act as a role model to demonstrate mutual respect, role clarity, collaboration, and equality of others' information
  - Understand the importance of shared leadership

#### Outcome Variables

- Patient
- Provider
- Organization

#### Areas of Research

- Context/patient specific protocols
- Comparison of protocols to one another
- Creation of protocols "in house" vs use of pre-manufactured protocol